

SUMMER SELECTION

After topping the electronic book charts, *Summer's Path* is now available to own in hard back with two additional chapters. The prequel to the best selling novel, *Waiting for Autumn*, follows the story of Don, a man down on his luck who loses his job and is diagnosed with a terminal illness. One night, as if in a dream, Don meets an angel of death named Robert who takes him on an incredible spiritual journey, which aids him in understanding both life and death. A truly inspirational tale, Don and Robert's exploration represents the important lessons one must learn when faced with hopelessness.

Summer's Path by Scott Blum (Hay House) £9.99 hayhouse.co.uk

ANIMAL MAGIC

The authors provide a touching account of their experiences working with, and healing a variety of animals. The book provides a step-by-step guide to universal healing, and it is packed full of true accounts that will warm your heart. Whether you own a cat or an elephant, this book will teach you everything you need to know about Reiki to ensure you and your animal live happily and healthily. For those interested in expanding their knowledge further, or locating a Reiki practitioner, a comprehensive list of professionals is located at the back of the book. Sure to inspire and entertain any true animal lover!

Animal Reiki: How to Use Energy to Heal the Animals in Your Life by Elizabeth Fulton & Kathleen Prasad (Piatkus) £12.99 piatkus.co.uk

SMOOTH & SACRED

Following on from their successful releases *Tabla Trail*, *Radiant Awakening* and *Inner Circle*, Ranga are back with another tranquil and inspiring album that continues with their exploration of Inner Sound Design (ISD). *Sacred Garden* provides more tantric music to open inner worlds, and features three, long-playing tracks that use classical Indian instruments and sounds. *Sacred Garden* is an ideal accompaniment for yoga and meditation practice, or it can simply be enjoyed as a stand-alone piece of music ideal for any laidback setting.

Sacred Garden by Ranga (Aquamarin Verlag) £15 grooves-inc.de

POWERFUL WORDS

In the newly released sixth book of his best-selling Soul Power Series, Dr. and Master Zhi Gang Sha presents the essence of ancient Taoist teachings in simple, practical terms for our modern world. These mostly hidden secrets are accompanied by amazingly accessible and practical techniques to heal, rejuvenate, prolong life, and transform relationships, finances and more. The book is also accompanied with an audio CD, where Master Sha demonstrates many of the powerful practice mantras featured in the book, so the reader will learn how to sing or chant them correctly.

TAO 1: The Way of All Life by Dr. & Master Zhi Gang Sha (Atria Books) £20.31 drsha.com

