

### K9Q feedback

# Allergy testing

I would like to respond to the letter 'Really irritated', as sent in by Isabel Crowther, which was featured in your April 2010 issue. My dog, Sandy, has multiple allergies. These cause him to lick and chew his feet, as well as rubbing or scratching his ears and muzzle.

I tried altering his food but nothing seemed to help so I insisted on allergy tests. When the results came back it was obvious why I had been unable to work out the cause of his problems. Sandy is allergic to beef, pork, lamb, chicken, duck, cow's milk, meadow grass and dust mites! Now I have altered his diet and my routines to limit his exposure to these things. He also has ear drops from the vet to flush his ears out with regularly.

Caring for a dog with multiple allergies does mean extra work, but it is worth it. Sandy is happy and much more comfortable.

Allergy tests aren't too unpleasant for dogs. The vet simply takes a vial of blood which is sent off to the lab and the answers usually take about a week or 10 days to come back. I recommend that anyone who suspects that their dog is allergic gets the tests done. It is not uncommon for dogs to be allergic to more than one thing and trying to get to the root of the problem by changing a few things is unlikely to work. Nicola Grant, Cambridgeshire

Testing for allergies has allowed Sandy to live a more comfortable life.



### 0 to give away



## Animal Reiki

How to use energy to heal the animals in your left



# Reiki for dogs

Animal Reiki by Elizabeth
Fulton and Kathleen Prasad is
a book on the healing power
of reiki. It covers how reiki
can maintain your animal's
health on all levels; heal
physical illness and injury;
ald in emotional healing
following trauma, abuse or
neglect; and enhances trust
and reduces nervousness.

Animal Reiki (ISBN: 978-0-7499-5280-8) is published by Piatkus and retails at £12.99. It is available from www.piatkus.co.uk or tel. 020 7911 8000, as well as all good bookshops.

We have 10 copies of

Animal Reiki to give away.
For your chance to win one,
fill in the voucher on page
7 and write 'Animal Reiki/
August' as the name of the
competition. The closing date
is 31 August 2010 and 10
entries will be drawn at
random after this date.

#### Further info

For more information on reiki for dogs see page 90.

### Useful product

# Banish fleas

Keep fleas at bay with Johnson's House Flea Spray Extra Guard with IGR. This 400ml House aerosol Flea Spray is said to Extra Guard kill fleas, larvae and other insect pests on carpets, rugs, soft furnishings, bedding and so on, It also contains a powerful insect growth regulator (IGR) to prevent hatching eggs developing into fleas. This spray gives continuous protection in the home for up to six months.

This product is recommended for use in conjunction with other treatments for pets, such as spot-ons, flea tablets, flea shampoos, sprays and powders. By controlling the development of hatching fleas in the environment it will help flea infestations to be successfully treated and prevented.

Johnson's House Flea Spray Extra Guard with IGR costs £8.99. For more information visit www. johnsons-vet.com or tel. 0121 378 1684.

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